



LEAGUE

Recreational Tournament 7

October 2, 2021
Kata, Kumite & Weapons

Vaughan SportPlex II
8301 Keele St. Concord ON, L4K 1Z6

Registration Information

- Ontario Karate Federation members only.
- \$65 per division.
- **Registration begins:** September 1, 2021
- **Registration closes:** September 25, 2021
Late fee - Additional \$200 per division from September 26-28, 2021
- All registration through sportdata.org/karate/set-online/
- ***Athletes must register through their club.***

RECREATIONAL LEAGUE

In response to membership demand, the Ontario Karate Federation has initiated our Recreational League. The league has planned 8 recreational tournament events for 2021 and will have divisions consisting of: Kumite, Kata, Para and Weapons.

Recreational League Schedule for 2021

- Recreational League 1 – *eTournament* – February 2-7, 2021
- Recreational League 2 – *eTournament* – March 9-14, 2021
- Recreational League 3 – *eTournament* – April 25, 2021
- Recreational League 4 – *eTournament* – June 5-6, 2021 (Toronto Open)
- Recreational League 5 – *eTournament* – July 10-11, 2021
- Recreational League 6 - August 21, 2021
- **Recreational League 7 - October 2, 2021**
- Recreational League 8 - November 20, 2021

Recreational League Awards

- Athletes who accumulated the highest points at the end of the season will be entered into a raffle for a chance to win \$1000 cash. One entry per athlete.
- 1st, 2nd and 3rd place will be awarded medals.
- **Grand Champions** will be announced at the end of the League season and will be awarded the Grand Trophy.
- Tournament results with points will be posted online.

REGISTRATION

- NO ONSITE REGISTRATION.
- Only **Dojo Heads** will be allowed to request changes to any athlete's information before September 28, 2021. After that, all draw brackets will be FINAL.
- The dojo heads shall register all athletes for their club under one account.
- Ensure that all registered athletes are in good standing with Ontario Karate Federation for 2021.
- If Athletes are registered to the tournament from different Club than the original club registered on OKF database, that athlete will be disqualified as they are not covered properly by insurance. *Team Kata athletes are the exception to this rule.*
- **Coach's Pass** - Coaches / Dojo Chief Instructors or Owners must have a coach's pass to sit on the chair and be on the tournament floor. Please contact coachkenbenson@gmail.com with a photo and your full name. This coach's pass will be valid until December 2021.
- Coaches shall at all time during the tournament wear official tracksuit and display their official identification.

Age Eligibility - The club instructor/coach and/or athlete or athlete representative are responsible for registering their athletes in the appropriate age category.

- *Youth Recreational athletes may not participate in multiple age categories.*
- *16+ years and Adults may participate in multiple age appropriate categories.*

COACH / ATHLETE / PARENT INFORMATION

- The tournament starts at 7:55am.
- Categories will be announced prior to the start of the division.
- Be at the venue 30 minutes prior the start of your division.
- No refund will be given for missing your division.

VENUE SPECTATOR FEES

- Youth \$5.00 /person
- Adults \$10.00 /person

RULES

WKF rules with usual recreational modifications will be followed.

www.wkf.net/pdf/WKF_Competition%20Rules_2020_EN.pdf

Draws - All divisions will use **single elimination** draws without repechage.

Kata Rules

- Para kata will follow WKF rules. See link above.
- Kata may be repeated in recreational league.
- Kata should be selected from WKF kata list & OKF Recreational list.
- Kata name and official kata number should be announced by athlete.
https://www.wkf.net/pdf/WKF_Competition%20Rules_2020_EN.pdf - Page 38
- Recreational competitors must choose their kata according to their belt colour.
A kata one belt above their current level may also be selected.
- Brown and black belts may perform any kata.
- Kata divisions will be single elimination.
- Competitors under 12 years of age who fail to complete the kata may have a second attempt without reduction in score.
- Direct questions to OKF Technical Committee: <https://www.ontariokarate.org/committees>

Kumite

Elite rules will apply for recreational competition except for the following:

- Equipment must be WKF style equivalent.
- Sport goggles may be worn at the contestant's own risk. Must be secured with an elastic style band.
- Any safety equipment other than what is listed for Elite must be approved by the referee committee on the day of the tournament.
- Novice can wear rank belt as long as there is different equipment color (red or blue) worn by competitors.
- Duration of bout will be the same as Elite except under 10 years old which will be 1.5 minutes running time.
- Under 14 years old all throwing techniques are prohibited.
- Under 12 Tatami can be 8x8 m or 6 x 6 m.

Attire

- Appropriate attire for referees and judges.
- Rank belts may be worn by recreational athletes.
- Uniforms may not display Provincial or National team designation.
- Uniform may display a dojo crest or logo.
- Coaches shall wear official tracksuit and display official identification.

Kumite Safety Equipment

Coach / Sensei - *Ensure your athletes have the proper equipment. Ontario Karate Federation's Recreational League is designed to prepare your athletes for Elite level competition and as such, similar rules and equipment guidelines are applicable.*

- WKF style safety equipment must be used.
- It is not required for equipment to bear "WKF Approved" logo.
- Except for headgear, foam dip equipment may NOT be used.
- WKF style gloves / hand protector.
- WKF style foot /shin protector.
- WKF style body protector.
- Mouthguard mandatory.
- Groin protector for male athletes.
- Due to the increased risk of concussion, the use of headgear (helmet) will be mandatory for athletes 13 and under. Tatami managers will be responsible to enforce this rule.

Note: WKF Facemask is highly recommended.

COVID-19 GUIDELINES

Under current provincial Covid-19 guidelines, all athletes, coaches and spectators 12 years and older must provide proof of full Covid-19 vaccination.

All persons entering the competition venue will be subject to Covid-19 screening.

We will update any changes in place one week prior to event.

DIVISION LIST

001. Rec Kata - Girls Up to 5 Yrs - White to Orange
002. Rec Kumite - Girls Up to 5 Yrs - White to Orange
003. Rec Kata - Boys Up to 5 Yrs - White to Orange
004. Rec Kumite - Boys Up to 5 Yrs - White to Orange
005. Rec Kata - Girls 6 - 7 Yrs - White to Orange
006. Rec Kumite - Girls 6 - 7 Yrs - White to Orange
007. Rec Kata - Boys 6 - 7 Yrs - White to Orange
008. Rec Kumite - Boys 6 - 7 Yrs - White to Orange
009. Rec Kata - Girls 8 - 9 Yrs - White to Orange
010. Rec Kumite - Girls 8 - 9 Yrs - White to Orange
011. Rec Kata - Boys 8 - 9 Yrs - White to Orange
012. Rec Kumite - Boys 8 - 9 Yrs - White to Orange
013. Rec Kata - Girls 10 - 11 Yrs - White to Orange
014. Rec Kumite - Girls 10 - 11 Yrs - White to Orange
015. Rec Kata - Boys 10 - 11 Yrs - White to Orange
016. Rec Kumite - Boys 10 - 11 Yrs - White to Orange
017. Rec Kata - Girls 12 - 13 Yrs - White to Orange
018. Rec Kumite - Girls 12 - 13 Yrs - White to Orange
019. Rec Kata - Boys 12 - 13 Yrs - White to Orange
020. Rec Kumite - Boys 12 - 13 Yrs - White to Orange
021. Rec Kata - Girls 14 - 15 Yrs - White to Orange
022. Rec Kumite - Girls 14 - 15 Yrs - White to Orange
023. Rec Kata - Boys 14 - 15 Yrs - White to Orange
024. Rec Kumite - Boys 14 - 15 Yrs - White to Orange
025. Rec Kata - Girls 16 - 17 Yrs - White to Orange
026. Rec Kumite - Girls 16 - 17 Yrs - White to Orange
027. Rec Kata - Boys 16 - 17 Yrs - White to Orange
028. Rec Kumite - Boys 16 - 17 Yrs - White to Orange
029. Rec Kata - Women - White to Orange
030. Rec Kumite - Women - White to Orange
031. Rec Kata - Men - White to Orange
032. Rec Kumite - Men - White to Orange
033. Rec Kata - Girls Up to 5 Yrs - Green to Purple
034. Rec Kumite - Girls Up to 5 Yrs - Green to Purple
035. Rec Kata - Boys Up to 5 Yrs - Green to Purple

DIVISION LIST

036. Rec Kumite - Boys Up to 5 Yrs - Green to Purple
037. Rec Kata - Girls 6 - 7 Yrs - Green to Purple
038. Rec Kumite - Girls 6 - 7 Yrs - Green to Purple
039. Rec Kata - Boys 6 - 7 Yrs - Green to Purple
040. Rec Kumite - Boys 6 - 7 Yrs - Green to Purple
041. Rec Kata - Girls 8 - 9 Yrs - Green to Purple
042. Rec Kumite - Girls 8 - 9 Yrs - Green to Purple
043. Rec Kata - Boys 8 - 9 Yrs - Green to Purple
044. Rec Kumite - Boys 8 - 9 Yrs - Green to Purple
045. Rec Kata - Girls 10 - 11 Yrs - Green to Purple
046. Rec Kumite - Girls 10 - 11 Yrs - Green to Purple
047. Rec Kata - Boys 10 - 11 Yrs - Green to Purple
048. Rec Kumite - Boys 10 - 11 Yrs - Green to Purple
049. Rec Kata - Girls 12 - 13 Yrs - Green to Purple
050. Rec Kumite - Girls 12 - 13 Yrs - Green to Purple
051. Rec Kata - Boys 12 - 13 Yrs - Green to Purple
052. Rec Kumite - Boys 12 - 13 Yrs - Green to Purple
053. Rec Kata - Girls 14 - 15 Yrs - Green to Purple
054. Rec Kumite - Girls 14 - 15 Yrs - Green to Purple
055. Rec Kata - Boys 14 - 15 Yrs - Green to Purple
056. Rec Kumite - Boys 14 - 15 Yrs - Green to Purple
057. Rec Kata - Girls 16 - 17 Yrs - Green to Purple
058. Rec Kumite - Girls 16 - 17 Yrs - Green to Purple
059. Rec Kata - Boys 16 - 17 Yrs - Green to Purple
060. Rec Kumite - Boys 16 - 17 Yrs - Green to Purple
061. Rec Kata - Women - Green to Purple
062. Rec Kumite - Women - Green to Purple
063. Rec Kata - Men - Green to Purple
064. Rec Kumite - Men - Green to Purple
065. Rec Kata - Girls Upto 11 Yrs - Brown to Black
066. Rec Kumite - Girls Upto 11 Yrs - Brown to Black
067. Rec Kata - Boys Upto 11 Yrs - Brown to Black
068. Rec Kumite - Boys Upto 11 Yrs - Brown to Black
069. Rec Kata - Girls 12 To 13 Yrs - Brown to Black
070. Rec Kumite - Girls 12 To 13 Yrs - Brown to Black

DIVISION LIST

071. Rec Kata - Boys 12 To 13 Yrs - Brown to Black
072. Rec Kumite - Boys 12 To 13 Yrs - Brown to Black
073. Rec Kata - Girls 14 To 15 Yrs - Brown to Black
074. Rec Kumite - Girls 14 To 15 Yrs - Brown to Black
075. Rec Kata - Boys 14 To 15 Yrs - Brown to Black
076. Rec Kumite - Boys 14 To 15 Yrs - Brown to Black
077. Rec Kata - Girls 16 To 17 Yrs - Brown to Black
078. Rec Kumite - Girls 16 To 17 Yrs - Brown to Black
079. Rec Kata - Boys 16 To 17 Yrs - Brown to Black
080. Rec Kumite - Boys 16 To 17 Yrs - Brown to Black
081. Rec Kata - Women - Brown to Black
082. Rec Kata - Women 40+ Masters
083. Rec Kumite - Women -58kg - Brown to Black
084. Rec Kumite - Women +58kg - Brown to Black
085. Rec Kata - Men - Brown to Black
086. Rec Kata - Men 40+ Masters
087. Rec Kumite - Men -68kg - Brown to Black
088. Rec Kumite - Men +68kg - Brown to Black

301. WEAPON - GIRLS & BOYS UPTO 5 YRS - WHITE TO ORANGE
302. WEAPON - GIRLS & BOYS UPTO 5 YRS - GREEN TO PURPLE
303. WEAPON - GIRLS & BOYS 6 TO 7 YRS - WHITE TO ORANGE
304. WEAPON - GIRLS & BOYS 6 TO 7 YRS - GREEN TO PURPLE
305. WEAPON - GIRLS & BOYS 8 TO 9 YRS - WHITE TO ORANGE
306. WEAPON - GIRLS & BOYS 8 TO 9 YRS - GREEN TO PURPLE
307. WEAPON - GIRLS & BOYS 10 TO 11 YRS - WHITE TO ORANGE
308. WEAPON - GIRLS & BOYS 10 TO 11 YRS - GREEN TO PURPLE
309. WEAPON - GIRLS UPTO 11 YRS - BLACK BELTS
310. WEAPON - BOYS UPTO 11 YRS - BLACK BELT
311. WEAPON - GIRLS & BOYS 12 TO 13 YRS - WHITE TO ORANGE
312. WEAPON - GIRLS & BOYS 12 TO 13 YRS - GREEN TO PURPLE
313. WEAPON - GIRLS 12 TO 13 YRS - BLACK BELT
314. WEAPON - BOYS 12 TO 13 YRS - BLACK BELT
315. WEAPON - GIRLS & BOYS 14 TO 15 YRS - WHITE TO ORANGE
316. WEAPON - GIRLS & BOYS 14 TO 15 YRS - GREEN TO PURPLE
317. WEAPON - GIRLS 14 TO 15 YRS - BLACK BELT
318. WEAPON - BOYS 14 TO 15 YRS - BLACK BELT
319. WEAPON - GIRLS & BOYS 16 TO 17 YRS - WHITE TO ORANGE
320. WEAPON - GIRLS & BOYS 16 TO 17 YRS - GREEN TO PURPLE

DIVISION LIST

320. WEAPON - GIRLS & BOYS 16 TO 17 YRS - GREEN TO PURPLE
321. WEAPON - GIRLS 16 TO 17 YRS - BLACK BELT
322. WEAPON - BOYS 16 TO 17 YRS - BLACK BELT
323. WEAPON - WOMEN 18 YRS+ - WHITE ORANGE
324. WEAPON - WOMEN 18 YRS+ - GREEN TO PURPLE
326. WEAPON - MEN 18 YRS+ - GREEN TO PURPLE
327. WEAPON - WOMEN 18 YRS+ - VETERAN BLACK BELT
328. WEAPON - MEN 18 YRS+ - VETERAN BLACK BELT
329. WEAPON - WOMEN 18 YRS+ - BLACK BELT
330. TRADITIONAL WEAPON - MEN 18 YRS+ - BLACK BELT
331. CREATIVE WEAPON - WOMEN 18 YRS+ - BLACK BELT
332. CREATIVE WEAPON - MEN 18 YRS+ - BLACK BELT
333. WEAPON - WOMEN 35 YRS+ - WHITE TO ORANGE
334. WEAPON - MEN 35 YRS+ - WHITE TO ORANGE
335. WEAPON - WOMEN 35 YRS+ - GREEN TO PURPLE
336. WEAPON - MEN 35 YRS+ - GREEN TO PURPLE
337. WEAPON - WOMEN 35 YRS+ - VETERAN BLACK BELT
338. WEAPON - MEN 35 YRS+ - VETERAN BLACK BELT
339. MUSICAL WEAPON - FEMALE & MALE - COLOR BELT
340. WEAPON CHINESE STYLE FORMS - FEMALE & MALE - COLOR BELT